# CAIRNS EXPLORER TOUR



## INFORMATION PACK



## THANK YOU!!! EXPERIENCE TRUE ADVENTURE

### DISCOVERY

On the Cairns Explorer Tour our aim is to uncover the best of what Cairns has to offer – Coral Sea, Deep Rainforest, Golden Beaches, Stunning Waterfalls, wildlife and natures finest!

### INFORMATION

The experience is in the details of information of why or how things came to be, or why they are the way they are. Our guides love to share the knowledge and history behind our wonderful region.

### **ENJOYMENT**

We are here to ensure you have a fantastic time while discovering and learning – we love questions, good laughs and connecting with people.





## WAIVER FORM

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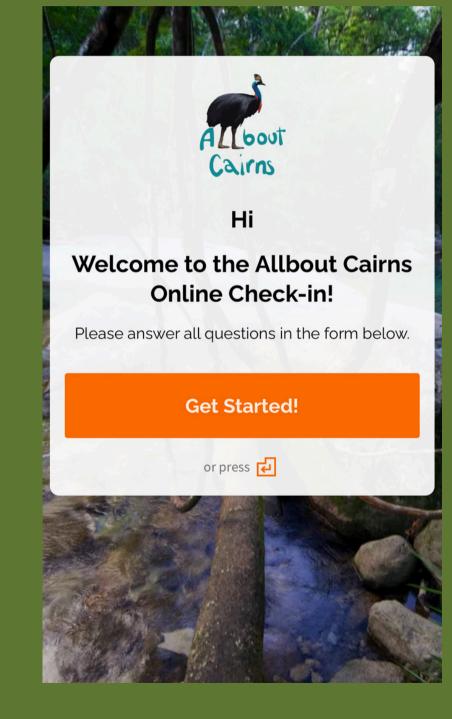
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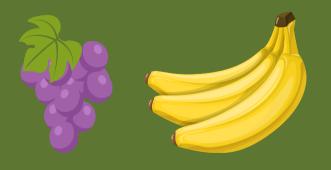
### **SCAN HERE**







### **SNACK/FOOD**

















## WHAT TO BRING





### **BAG FOR** WET GEAR



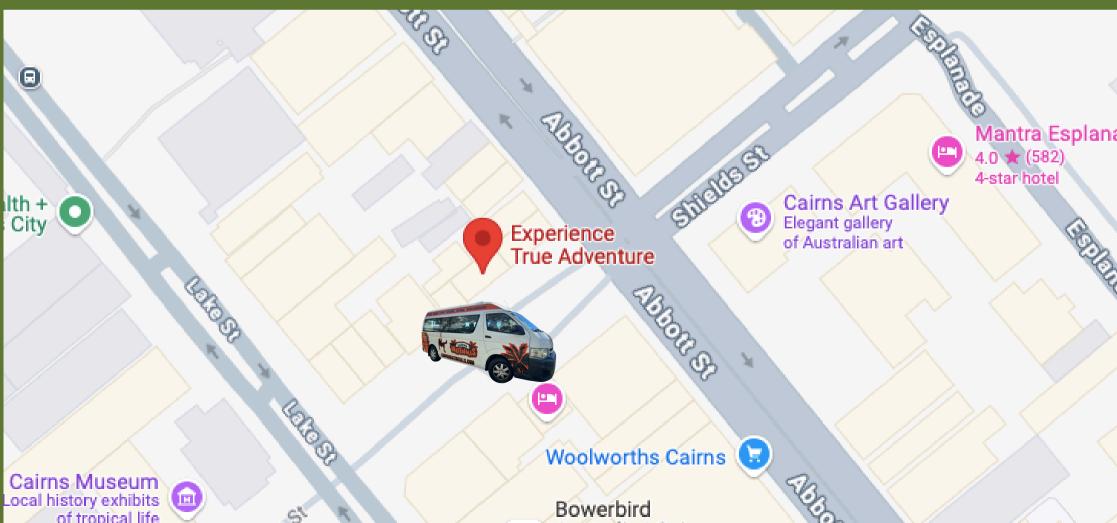
**CONTACT LENS** RECOMMENDED





### **EXPERIENCE TRUE ADVENTURE SHOP NO.8 SHIELDS STREET Cairns, Queensland**

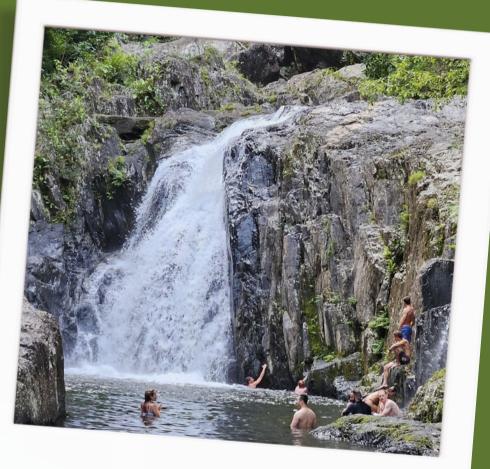
### NOTE: Only paid parking available in area







### Capturing an unforgettable moment









The Cairns Esplanade stretches for about 2.5 kilometers (1.5 miles) along the waterfront. Mangrove Boardwalk: It features a 1.5-kilometer (0.9-mile) boardwalk through the mangroves. A highlight is the Esplanade Lagoon opened in March 2003 which covers an area of approximately 4,800 square meters (52,000 square feet). The lagoon varies in depth from 0.3 meters (1 foot) in the shallow areas to 1.5 meters (5 feet) in the deeper sections and it can accommodate around 700 to 800 people at one time – lifeguards that are on duty daily from 6 am to 7 pm to ensure visitor safety.

**Multiple Playgrounds:** The Esplanade includes a large modern playground along with 5 smaller playgrounds plus two mini water parks for children of all ages.

**Sports & Fitness:** Along with a running & cycling track, there is beach volleyball, Skate park, 3x3 Basketball, Bouldering, Pickelball and 3 main fitness stations along the esplanade that are free to use

**Picnic Areas:** There are public use.

**Public Art:** Several public art installations and sculptures are scattered along the Esplanade, celebrating local culture and nature.

**Picnic Areas:** There are over 40 picnic tables and BBQ facilities available for





**The Gardens** – The Cairns Botanic Gardens is a renowned 38-hectare complex that conserves and exhibits one of Australia's finest collections of tropical plants, providing educational resources, walking trails, BBQ areas, a playground and a visitors center. Entry is free, and the gardens are open year-round.

**Chinese Friendship Garden** – Established to honor the sister-city relationship between Cairns and Zhanjiang, this garden features traditional Chinese design elements, including pavilions, water features, and symbolic plants that reflect Chinese culture.

**Rainforest Boardwalk** – A 300-meter-long elevated walkway that winds through dense tropical rainforest, providing visitors with an opportunity to explore and observe the diverse range of plant species found in Cairns' wet tropics region.

**Bamboo Collection** – This section of the gardens houses over 20 species of bamboo from around the world, highlighting the ecological significance and variety of this plant family in tropical ecosystems.

**Flecker Gardens** – Named after Dr. Hugo Flecker, this central area showcases tropical plants from around the world, including exotic palms, cycads, orchids, and carnivorous plants, arranged in meticulously designed garden landscapes.

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Trinity Beach, Cairns, Australia: Trinity Beach is a picturesque coastal suburb with just over 5,000 residents nestled between the Coral Sea and the Macalister Range National Park.

During World War II, Trinity Beach was selected due to its beach, ocean access, and nearby jungle environments, closely mimicked the conditions soldiers would face in combat in the Pacific islands.

Training Operations: The Australian Army used Trinity Beach for amphibious landing exercises and training for jungle warfare. These exercises helped troops practice deploying from naval vessels and conducting beach landings—critical tactics used in the Pacific campaign.

**Troops Involved:** Many of the 1,000,000 Australian troops deployed, including the 9th Australian Division, for instance, was one of the units that prepared for operations here before deploying to fight in the Pacific.

Strategic Importance: This training was part of a larger Allied effort to prepare for the island-hopping campaigns against Japanese forces. The knowledge and experience gained at places like Trinity Beach contributed to the success of operations such as the Battle of Tarakan (May 1945) and the Borneo Campaign.





**Distance:** Crystal Casc Cairns City Center.

**Lake Morris:** 12km Squ it's five outlets.

**Flow:** Into Behana Creek, Then into Mugrave River, into Johnstone River, then emptied into the Coral Sea.

**Elevation:** The cascade waterfall reaching about Swimming Pools: The site cascade.

**Walking Track:** The wamile) round trip.

**Golden Huntsman Spider, Golden Orb Spider (Nephilia Maculata):** The web is strong enough to stop an airplane.

**Gympie-gympie (Dendrocnide Moroides):** Up to 4 meters tall with heart shaped leaves. Microscopic needles with a toxic coating

Distance: Crystal Cascades is located about 20 kilometers (12 miles) from

Lake Morris: 12km Square Catchment area.. And Crystal Cascades is one of

**Elevation:** The cascades drop over a series of rocky outcrops, with the highest waterfall reaching about 8 meters (26 feet) in height.

Swimming Pools: The site features several natural swimming pools along the

Walking Track: The walking track to the cascades is about 1.6 kilometers (1





Naming: Many locals refer to the lookout as Morris lookout due to the road name being Morris Road, however, it is also unknown why this location is called Campbell's lookout.

**Elevation:** Campbell's Lookout offers a panoramic view from an elevation of around 350 meters (1,148 feet) above sea level.

World Heritage Site: The surrounding Wet Tropics area is one of the oldest surviving rainforests, inscribed as a UNESCO World Heritage Site in 1988.

Biodiversity: The Wet Tropics region seen from the lookout is home to 663 vertebrate species, including 58 species found nowhere else on Earth, such as the Southern Cassowary.

### **Distance to Key Locations:**

presence.

- Barron Gorge: The waterfall and surrounding area lie around 16 km (10 miles) northwest of the lookout.

- Cairns CBD: Roughly 10 km (6.2 miles) away.
- Great Barrier Reef: Located around 60 km (37 miles) offshore, though it's hard to see the actual reef from this distance, the Coral Sea hints at its





**Distance:** Behana Gorge is approximately 30 kilometers (18.6 miles) from Cairns City Center.

**Hiking Trail:** The hiking trail to the gorge is around 6 kilometers (3.7 miles) return, with moderate to challenging terrain.

**Waterfall Height:** The main waterfall at Behana Gorge drops about 20 meters (66 feet) into a deep pool. The waterfall is referred to as a clamshell waterfall due to its shape and nature.

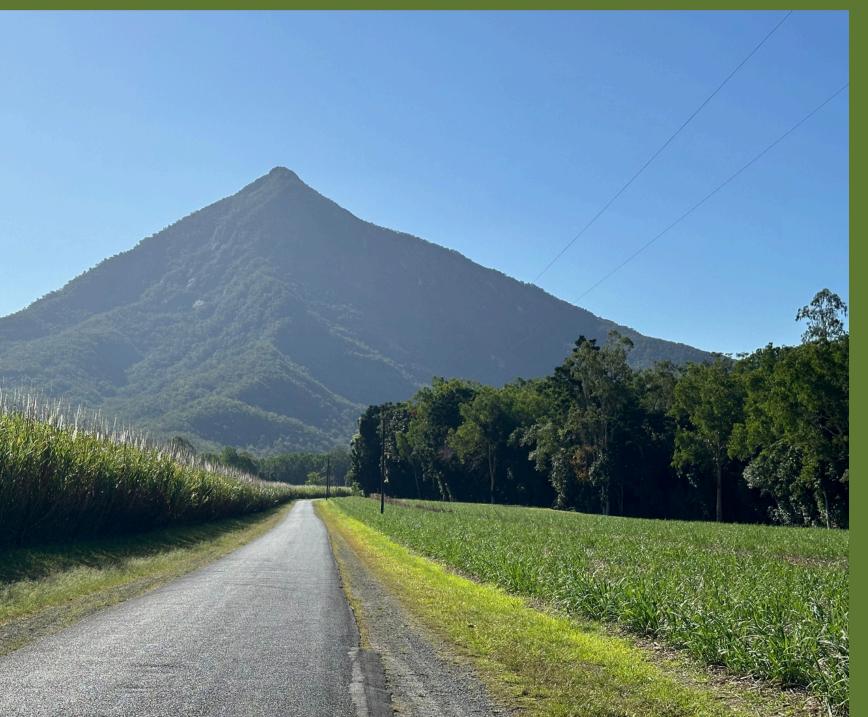
**Wildlife:** Visitors may s species.

**Scenery:** The gorge features dramatic granite cliffs and lush rainforest surroundings, creating a picturesque natural setting.

**Weaver Ants:** Commonly known as the Green Ant you will see the unique ant coloney building a leaf woven nest in the trees

Wildlife: Visitors may spot local wildlife, including wallabies and various bird





Walsh's Pyramid stands at 922 meters (3,025 feet), making it the tallest natural freestanding pyramid-shaped mountain in the world. Made up of solid granite and formed over millions of years. It is situated in the Wooroonooran National Park, about 20 km (12 miles) southwest of Cairns, near the town of Gordonvale.

The climb to the summit is a popular, though strenuous, activity for hikers. The hiking trail is approximately 6 km (3.7 miles) round trip, with a steep and rugged ascent that takes most climbers between 4 to 6 hours to complete, depending on fitness levels.

For the Yidinji people, the Traditional Owners of the land around Walsh's Pyramid is considered a sacred site. Sacred sites are often places where significant cultural or spiritual events took place or where spirits of ancestors are believed to reside. The mountain is connected to the Dreamtime stories, the foundation of Aboriginal spiritual beliefs, which describe the creation of the land, its features, and its inhabitants.

Connection to Ancestors: The mountain symbolizes a link between the Yidinji people and their ancestors. The natural landscape, including Walsh's Pyramid, is seen as the resting place of spirits or the embodiment of ancestral beings. This connection gives the mountain a deep spiritual meaning and serves as a living testament to their cultural heritage.

# THANK YOU.

We sincerely hope you enjoy the tour with us and that we have provided you with a positive life memory. If you know someone that would also appreciate the tour we would highly appreciate it if you could leave us a google review on Barefoot Tours.

Thank you again for joining us a we wish you all the best in life and your travels.



